

SEDAZEPAM

SEDAZEPAM è un integratore alimentare formulato con ingredienti utili quando il loro apporto con la dieta è diminuito o assente.

- VALERIANA ed ESCOLZIA sono indicate per i disturbi del sonno conseguente a stress e per il rilassamento mentale.
- WITHANIA SOMNIFERA è indicata per rilassamento e benessere mentale e come tonico (stanchezza fisica, mentale).
- CROCUS (zafferano) indicato per il tono dell'umore.
- La VITAMINA B6 contribuisce alla normale funzione psicologica.
- MELATONINA contribuisce alla riduzione del tempo necessario per addormentarsi* e ad alleviare gli effetti del jet lag** (* l'effetto benefico si ottiene con l'assunzione poco prima di addormentarsi di 1 mg di melatonina. ** l'effetto benefico si ottiene con l'assunzione di 0.5 mg il primo giorno di viaggio e per alcuni giorni dopo l'arrivo a destinazione).
- Completano la formula di SEDAZEPAM, arricchendola e rendendola unica, il complesso molecolare del GABA, l'ADENOSINA, la GLICINA, il TRIPTOFANO.

MODO D'USO

Si consiglia l'assunzione di 1 o 2 compresse al giorno, da deglutire con acqua 30/60 minuti prima di coricarsi.

CONSERVAZIONE

Conservare in luogo fresco ed asciutto (<25°) al riparo dalla luce solare e da fonti di calore diretto. Non disperdere il contenitore nell'ambiente. Il termine minimo di conservazione si riferisce al prodotto in confezione integra e correttamente conservato.

AVVERTENZE GENERALI

Gli integratori alimentari non vanno intesi come sostituti di una dieta variata, equilibrata ed uno stile di vita sano. Tenere fuori dalla portata dei bambini sino all'età di 12 anni.

AVVERTENZE SPECIFICHE

È sconsigliato l'uso del prodotto nelle seguenti condizioni: nelle 2 settimane prima di un intervento chirurgico programmato e nelle donne in gravidanza o allattamento). I pazienti che assumono farmaci dovrebbero preventivamente sentire il parere del medico.
Non assumere il prodotto con bevande alcoliche, prima di guidare un mezzo di locomozione o se prossimi all'utilizzo di macchinari pericolosi.
Non superare la dose giornaliera consigliata.

SEDAZEPAM is a food supplement formulated with ingredients useful when their dietary intake is reduced or absent.

- VALERIAN and ESCOLZIA are indicated for sleep disturbances resulting from stress and for mental relaxation.
- WITHANIA SOMNIFERA is indicated for relaxation and well-being mental and as a tonic (physical, mental fatigue).
- CROCUS (saffron) indicated for mood.
- VITAMIN B6 contributes to normal psychological function.
- MELATONIN contributes to the reduction of the necessary time to fall asleep* and to alleviate the effects of jet lag** (*the beneficial effect is obtained by taking 1 mg of melatonin just before falling asleep. **the beneficial effect is obtained by taking 0.5 mg on the first day of travel and for a few days after arrival at destination).
- The molecular complex of GABA, ADENOSINE, GLYCINE, and TRYPTOPHAN complete the formula of SEDAZEPAM, enriching it and making it unique.

HOW TO USE

It is recommended to take 1 or 2 tablets daily, to be swallowed with water 30/60 minutes before to go to bed.

STORAGE

Store in a cool, dry place (<25°) away from light solar and direct heat sources. Do not waste the container in the environment. The minimum conservation term refers to the product in unopened package and correctly stored.

GENERAL WARNINGS

Food supplements are not intended as a substitute for one varied, balanced diet and a healthy lifestyle. Keep out of the reach of children up to the age of 12.

SPECIFIC WARNINGS

The use of the product in the following conditions is not recommended: in the 2 weeks before a scheduled surgery and in pregnant or breastfeeding women. Patients taking medicines should first seek the opinion of the doctor.

Do not take the product with alcoholic beverages, before driving a means of locomotion or if close to using machinery dangerous. Do not exceed the indicated daily dose.

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